

Adult Medical Rehabilitation Specialty Program



2023 Outcomes

- 428 Day Program patients and 310 Outpatients were served.
- Ages of those served ranged from 18 to 95 (with an average age of 55 years).
- 43% were female and 57% were male.
- 77% were White, 17% were Black, 3% were Hispanic, 2% were Middle Eastern and 1% were Asian/Pacific Islander.
- Patients spent 22.15 days in the program, 22 hours in physical therapy, 21.3 hours in occupational therapy and 16.2 hours in speech therapy, on average.
- Patients achieved 97% of their long-term goals during their program.
- Only 5% of patients had unplanned readmission to the hospital during their program (compared to the national average of 15%).
- 100% of patients lived at home after their program.
- 97% of patients reached at 90-day follow-up reported still living at home.
- 96% of patients reached returned to social activities with friends at 90-day follow-up.
- 18% of patients reached for 90-day follow-up reported having fallen without injury (goal is <25%). 2% reported having fallen with an injury (goal is <15%).
- 83% of patients reached reported being better able to care for their daily needs like bathing and dressing at 90-day follow-up; 83% at one-year follow-up.
- 98% of patients reached made regular visits to their doctor at 90-day follow-up; 98% at one-year follow-up.
- 85% of patients reached for 90-day follow-up reported feeling like they are adjusting to life since their injury or illness; 85% at one-year follow-up.
- 183 patients were referred from our adult medical rehab program to our Return-to-Work Program. 48 of those patients were successfully transitioned to work.
- 25% of patients reached had returned to work at 1-year follow-up. (did not necessarily participate in the Return-to-Work program).
- 13% of patients dropped out of the program for various reasons (goal is <15%).
- 100% of patients surveyed were satisfied with the outcomes they achieved.
- 100% of patients surveyed felt the team involved them in planning their program and goals.
- Adult Medical Rehab Program Patient Diagnoses:
 - Stroke 49%
 - Spinal Cord Injury 14%
 - Brain injury 17%
 - Amputation 4%
 - Neurologic Conditions* 5%
 - Other** 11%

*Parkinson's, ALS, MS, epilepsy

**Burns, Post-Covid, Functional Vision Impairment, Cerebral Palsy