## Brain Injury Specialty Program



## 2023 Outcomes

## **ADULT**

- 155 patients were served, ages 19-92 (with an average age of 50 years).
- 40% were female and 60% were male.
- 75% of patients were White, 14% were Black, 11% Hispanic.
- 88% of long-term goals were achieved during their program.
- 100% live at home after their program.
- 28% reported going back to work when reached for 1-year follow-up.
- 34 patients were referred to our Return-To-Work program.
- Patients spent 18.5 treatment days in the program with 16 hrs. in physical therapy, 16 hrs. in occupational therapy & 17 hrs. in speech therapy, on average.
- Only 3.9% of patients had an unplanned readmission to the hospital during their program (compared to the national average of 15%).
- 95% of patients reached said they returned to their hobbies and spent time socially with friends at 90-day follow-up; 99% at 1-year follow-up.
- 18% of patients reached for 90-day follow-up reported having fallen without injury. (goal is <25%). 4% reported having fallen with an injury (goal is <15%).
- 88% of patients reported being better able to care for their daily needs at 90-day follow-up; 87% at one-year follow-up.
- 97% of patients reached reported making regular visits to their doctor at 90-day follow-up; 98% at one-year follow-up.
- 88% of patients reached for 90-day follow-up reported feeling like they were adjusting to life since their brain injury; 90% at one-year follow-up.
- 100% surveyed felt involved in planning their treatment plan and goals.
- 100% of patients surveyed were satisfied with the outcomes they achieved.

## **PEDIATRIC & ADOLESCENTS**

- 63 patients served, ages 0-18 (with an average age of 11 years).
- 34% were female and 66% were male.
- 62% of patients were White, 30% Black, 5% Hispanic & 3% Asian/Pacific Islander
- 98% of long-term goals were achieved.
- Patients spent 20.9 days in the Day Program, 18.7 hrs. in physical therapy, 19 hrs. in occupational therapy and 23.8 hrs. in speech therapy, on average.
- 100% lived at home after their program.
- 100% transitioned back to school.
- 96% of parents reached said their child played with children their age or spent time with friends at 1-year follow-up.
- Only 3.9% of patients had unplanned readmission to the hospital during their program (compared to the national average of 15%).
- 98% have adjusted to life after their injury.
- 100% surveyed were satisfied with their outcomes.