

# Pediatric & Adolescent Specialty Program



## 2023 Outcomes

- Pediatric & adolescent patients made up 30% of Ability KC's overall medical rehab program population.
- 235 pediatric patients and 88 adolescent medical rehab patients served.
- 232 Day Program participants.
- 91 Outpatient Program participants.
- 32 Summer Program participants.
- Ages range from <1-18, with an average age of 9 years. 40% were female & 60% were male.
- On average, patients spent 22.3 hours in physical therapy, 21.7 in occupational therapy, and 23.7 in speech therapy

- Diagnoses of Patients Served:

- Stroke 10%
- Spinal Cord Injury 11%
- Brain Injury 17%
- Cerebral Palsy 30%
- Developmental Delay 13%
- Other 19%

White	67%
Black	20%
Hispanic	9%
Asian	3%
Other	1%

- Patients achieved 95% of their long-term goals during their program.
- 100% live at home after their program.
- 99% of appropriate patients transitioned to school or back to school after their program; 96% at one-year follow-up.
- At the 90-day follow-up, 98% of parents reported their child was at the same or at a similar school as the one they attended after the program.
- Only 4% had unplanned readmissions to the hospital during their program (compared to the national average of 15%).
- 94% of pediatric patient parents reached for 90-day follow-up said their child had played with friends their own age within the last week.
- 84% of adolescent patient parents stated their child returned to social activities with friends.
- 97% of pediatric/adolescent patient parents reported their child maintained most or all of the skills achieved at 90-day follow-up; 97% at one-year follow-up.
- 99% of pediatric/adolescent patient parents reached reported making regular visits to their doctor at 90-day follow-up; 100% at one-year follow-up.
- 94% of pediatric/adolescent patient parents reached for 90-day follow-up reported feeling like they are adjusting to life since their injury or illness; 95% at one-year follow-up.
- 8% of pediatric/adolescent patients dropped out of the program for various reasons. (Goal is <15%).
- Satisfaction outcomes - of patients who completed surveys:
  - 100% were happy with how their family learned to take care of them.
  - 100% were happy with how much better they got.
  - 100% felt prepared to return to school and to spending time with friends.