

Adult Medical Rehabilitation Specialty Program



2025 Outcomes

- 456 Day Program patients and 342 Outpatients were served.
- Ages of those served ranged from 18 to 93 (with an average age of 57 years).
- 41% were female and 59% were male.
- 79% were White, 19% were Black, <1% were Hispanic, <1% were Middle Eastern and 2% were Asian/Pacific Islander.
- Patients spent 22 hours in physical therapy, 21.3 hours in occupational therapy and 16.2 hours in speech therapy, on average.
- Patients achieved 92% of their long-term goals during their program.
- Only 3% of patients had unplanned readmission to the hospital during their program (compared to the national average of 15%).
- 100% of patients were discharged home after their program.
- 96% of patients reached at 90-day follow-up reported still living at home.
- 98% of patients reached returned to social activities with friends at 90-day follow-up.
- 7% of patients reached for 90-day follow-up reported having fallen without injury (goal is <25%). 1% reported having fallen with an injury (goal is <15%).
- 89% of patients reached reported being better able to care for their daily needs like bathing and dressing at 90-day follow-up; 83% at one-year follow-up.
- 100% of patients reached made regular visits to their doctor at 90-day follow-up; 98% at one-year follow-up.
- 100% of patients reached for 90-day follow-up reported feeling like they are adjusting to life since their injury or illness; 85% at one-year follow-up.
- 136 patients were referred from our adult medical rehab program to our Return-to-Work Program. 55 of those patients were successfully transitioned to work.
- 25% of patients reached had returned to work at 1-year follow-up. (did not necessarily participate in the Return-to-Work program).
- 13% of patients dropped out of the program for various reasons (goal is <15%).
- 99% of patients surveyed were satisfied with the outcomes they achieved.
- 98% of patients surveyed felt the team involved them in planning their program and goals.
- Adult Medical Rehab Program Patient Diagnoses:
 - Stroke 44%
 - Spinal Cord Injury 17%
 - Brain injury 17%
 - Amputation 5%
 - Neurologic Conditions 6%
 - Other 11%