

Pediatric & Adolescent Specialty Program



Outcomes 2025

- Pediatric & adolescent patients made up 25% of Ability KC's overall medical rehab program population.
- 331 pediatric and adolescent medical rehab patients were served in 2025.
- Ages range from <1–18, with an average age of 9.6 years. 44% were female & 56% were male. On average, patients spent 18.6 hours in physical therapy, 17.3 hours in occupational therapy, and 30.3 hours in speech therapy.
- Diagnoses of patient served:
 - Stroke 8%
 - Spinal Cord Injury 6%
 - Brain Injury 21%
 - Cerebral Palsy 19%
 - Developmental Delay 20%
 - Rare Diseases 10%
 - Neurologic Conditions 8%
 - Other 8%
- Patients achieved 92% of their long-term goals during their program.
- 69% of patients were white, 22% black, 2% Hispanic, 6% Asian and 1% other races
- 100% of patient surveyed live at home 90 days and one year after their program.
- 100% of appropriate patients transitioned to school or back to school after their program; 96% at one-year follow-up.
- At the 90-day follow-up, 100% of parents reported their child was at the same or at a similar school as the one they attended after the program.
- Only 1% had unplanned readmissions to the hospital during their program (compared to the national average of 15%).
- 97% of parents reached for 90-day follow-up said their child had played with friends their own age or been involved in social activities within the last week.
- 100% of parents reported their child maintained most or all of the skills achieved at 90-day follow-up; 100% at one-year follow-up.
- 99% of pediatric/adolescent patient parents reached reported making regular visits to their doctor at 90-day follow-up; 100% at one-year follow-up.
- 100% of pediatric/adolescent patient parents reached for 90-day follow-up reported feeling like they are adjusting to life since their injury or illness; 98% at one-year follow-up.
- 13% of pediatric/adolescent patients dropped out of the program for various reasons. (Goal is <15%).

- Satisfaction outcomes– of pediatric and adolescent patients who completed surveys:
 - 95% were happy with how their family learned to take care of them.
 - 95% were happy with how much better they got.
 - 90% felt prepared to return to school and to spending time with friends.