

Spinal Cord Injury Specialty Program

2025 Outcomes



ADULT

- 171 adult spinal cord injury patients seen.
- Ages range from 19-87, with an average age of 50 years. 36% were female and 64% male.
- On average, patients spent: 23.8 hrs. in physical therapy; 20.7 hrs. in occupational therapy; and 17.6 hrs. in speech therapy
- 68% of patients were White, 26% Black, 5% Hispanic and 1% Asian
- 5% of spinal cord injury patients reached for 90-day follow-up participated in adaptive sports.
- 21 patients were referred to our Return-To-Work program.
- 100% of patients reached returned to social activities and spending time with friends at 1-year follow-up.
- Spinal cord injury patients achieved 92% of their long-term goals during their program.
- 100% of patient surveyed live at home after their program.
- Only 1% of patients had unplanned readmission to the hospital during their program (compared to the national average of 15%).
- 7% of patients reached for 90-day follow-up reported having fallen without injury. (goal is <25%). 0% reported having fallen with an injury (goal is <15%)
- 95% of patients reported being better able to care for their daily needs at 90-day follow-up.
- 94% were better able to care for their daily needs at one-year follow-up.
- 100% of patients reached at 90-day follow up make regular visits to their doctor; 99% visit their doctor regularly at one-year follow-up.
- 100% of patients reached for 90-day follow-up are adjusting to life since their spinal cord injury. 100% are adjusting to life at their one-year follow-up.
- No patients reported having any new skin ulcers at 90-day or 1-year follow-up.
- 100% of spinal cord injury patients who returned satisfaction surveys were satisfied with the outcomes they achieved.

PEDIATRIC & ADOLESCENT

- 21 pediatric & adolescent patients seen.
- Ages range 2-18, with an average age of 14.8 years. 29% were female and 71% male.
- 100% reached played with children their age or spent time with friends at 1-year follow-up.
- 100% of parents surveyed reported their child lives at home after the program.
- 95% are better able to care for their daily needs, like bathing and dressing.
- 100% of parents surveyed reported their child has adjusted to life after their injury.
- 1% had an unplanned rehospitalization.
- 85% of long-term goals were achieved.
- 100% of eligible patients transitioned back to school after their program.
- 100% of parents and patients were satisfied with their outcomes achieved.
- On average, patients spent: 17.8 hours. in physical therapy and 19 hrs. in occupational therapy