

# Stroke Specialty Program

## 2025 Outcomes



### ADULT

- 432 patients served, ages 18-93 (with an average age of 63.3 years).
- Almost half (49%) of all adult patients seen at Ability KC were recovering from a stroke.
- 40% were female and 60% were male. 76% were White, 18% Black, 2% Hispanic, 3% were Asian/Pacific Islander, and 1% mixed.
- Patients spent an average of 24.2 hours in physical therapy, 24.2 hrs. in occupational therapy, and 26.6 hrs. in speech therapy.
- 91% of long-term goals were achieved.
- 100% of those surveyed one year after discharge lived at home.
- 74 patients were referred to our Return-To-Work Program.
- 20% of patients surveyed reported they went back to work after one year.
- Only 4% of stroke patients had an unplanned readmission to the hospital during their program (compared to the national average of 15%).
- 96% of patients were better able to care for their daily needs at 90-day follow-up.
- 100% of patients reached regularly visit their doctor at 90-day follow-up; 100% at 1-year follow-up.
- 100% of patients reached at 90-day follow-up reported they are adjusting to life since their stroke.
- 12.5% of patients dropped out of the program for various reasons (goal is <15%).
- 100% of patients surveyed were satisfied with the outcomes they achieved.
- The % of Adult Day Program stroke patients who have the following conditions and are in compliance with evidence-based guidelines to manage these conditions at discharge:
  - Diabetes: 58%, Hyperlipidemia: 99%, Hypertension: 50%, Stroke Prophylaxis: 96%
- 100% of patients surveyed reported having returned to social activities and spending time with friends at 1-year follow-up and at 90-day follow-up.
- 11% of patients reached for 90-day follow-up reported having fallen without injury (goal is <25%); 2% reported having fallen with an injury (goal is <15%).
- 5% of patients who reported falling had more than one fall.
- No patients experienced aspiration pneumonia since discharge (goal is <15%).

### PEDIATRIC & ADOLESCENT

- 25 patients served, ages ranged from 2-18 years (with an average age of 11 years).
- 46% were female and 54% were male. 69% White, 15% Black, 12% Hispanic, 4% Asian.
- 100% of patients lived at home after their program.
- Patients spent 11.4 hrs. in physical therapy, 10.4 hrs. in occupational therapy, 28.97 hrs. in speech therapy, on average.
- 4% had unplanned rehospitalizations.
- 92% of long-term goals were achieved.
- 100% of parents reached said their child played with children their age or spent time with friends at 90-day follow-up and at 1-year follow-up.
- 100% of eligible patients transitioned back to school.
- 100% of parents surveyed reported their child was better able to care for their daily needs.
- 100% of parents surveyed reported their child has adjusted to life after their stroke.
- 100% of parents surveyed reported their child sees their doctor regularly.
- 100% of pediatric/adolescent patients surveyed were satisfied with their outcomes achieved.