



A NOTE FROM OUR CEO AND EXECUTIVE DIRECTOR

AMY CASTILLO

At Ability KC, we meet people where they are, not where their diagnosis says they should be. Personalized plans are built upon strengths, goals, and circumstances for the individual, caregiver, and family, rather than based upon limitations. Over the past decade, Ability KC has grown into one of the nation's few elite comprehensive outpatient rehabilitation centers of excellence that integrate education experiences, worksite training, and critical adaptive and specialty programming into the model.

What defines us is not only the strength of our outcomes, but the integrated and intensive model behind them. People achieve their highest level of health, function, and independence possible, through a person-centered approach that supports across every stage of life. From early childhood through adulthood, our center of excellence reduces hospitalizations, navigates to solutions, and supports reintegration into school, work, and daily life more quickly and successfully.

2025 marks the tenth anniversary of our merged organization, built on the legacy of visionary leaders, volunteers, and community leaders and experts, who saw potential where others saw limitation. Their belief in ability created a foundation that has supported generations of individuals. Today, we honor that history, and the thousands supported whose lives have been shaped by the mission they set in motion.

In 2025, we served over 3,300 individuals spanning all ages with complex health conditions and necessary reintegration across life transitions. Each story reflects resilience, determination, and the power of comprehensive, connected care. With a people-first culture, expertise, compassion, and innovation come together to change lives and brighten futures.

As we look ahead, we step into a new chapter for our greater KC community and region. This year, we announced plans for a new campus that will expand our capacity, deepen innovation, and bring partners, research, and immersive care together in ways that will shape the next seventy-five years, made possible through the creative problem-solving and partnership of The Van Tuyl Family and VanTrust. It is more than a



From left to right: Former Ability KC Board Chair Dr. Robert Jackson, Amy Castillo, Van Tuyl Family Trustee Bob Holcomb, VanTrust President & CEO Dave Harrison, and Ability KC Board Chair Jim Clay

building. It is a commitment to meeting individuals at every stage of life with the excellence, continuity, and connection they deserve.

Gratitude to our community of supporters, partners, volunteers, and the hundreds of experts who help make this possible. It is mission and commitment together that drive us to adapt, innovate, and deliver better care, education, and services—no matter how complex the challenges. As we advance our mission and future campus through the Building Brighter Futures Capital Campaign, your support expands access and strengthens education, innovation, and research. We look forward to sharing more with you in the coming months.

Amy Castillo

CEO and Executive Director

WHAT WE DO:

Building brighter futures, helping people get back to independence at home, work, school and communities.



AGES SERVED:

0-6 years	12%
7-17 years	11%
18-45 years	24%
46-64 years	22%
65 and older	31%

DIAGNOSES SERVED:

27%	22%	13%	12%	9%	8%	7%	2%
Neurological and Other	Stroke	Cognition /Memory	Brain Injury	Autism	Spinal Cord Injury	Developmental Disabilities	Amputation

*Demographics above are across all programs.

RENEWING INDEPENDENCE

BRAIN INJURY & STROKE EXPERTISE

IN THE MIDWEST

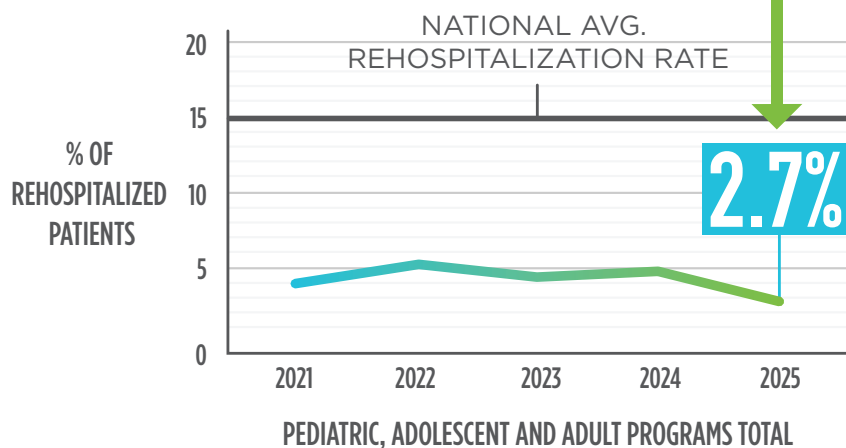
Ability KC is a regional leader in neurorehabilitation, providing whole person care through our Neuropsychology and Rehabilitation Psychology services. As a CARF-accredited provider in Brain Injury Rehabilitation, we offer integrated, evidence based support for individuals recovering from stroke, traumatic brain injury, and other neurological conditions.

We extend our impact beyond direct patient care by sharing expertise and promoting best practices through regional speaking engagements, including hosting the annual Bi-State Stroke Conference with the Bi-State Stroke Consortium.



Learn About Bentley's Story

CONTINUING TO LOWER HOSPITALIZATIONS



Our model helps people avoid going back to the hospital, with a rehospitalization rate well below the national average.



INNOVATION & TECHNOLOGY

HIGHLIGHTS

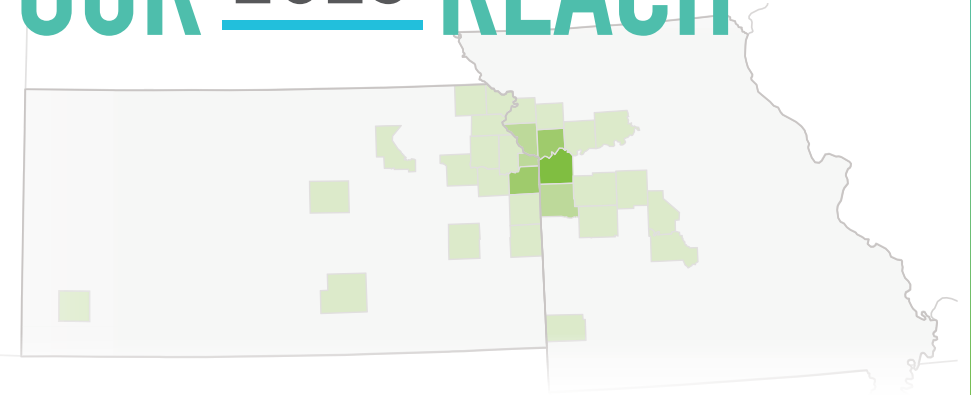
Ability KC values innovation, and through the support of grant funding and community partnerships, we are able to utilize leading technologies and innovative approaches within our therapy programs.

Tools like FDA-approved Vivistim and the IpsiHand, designed to support recovery for individuals after stroke or brain injury, help us deliver more advanced, targeted therapy that drives meaningful progress, greater independence, and stronger outcomes for the people we serve.



Learn About
Brie's Story

OUR 2025 REACH



In 2025, Ability KC served individuals across multiple states, with 34% identified as low income. We partnered with more than 20 colleges and universities to support allied health rotations and academic research, offering assistance with capstone projects, publications, and internships. Overall, we supported more than 80 college students, reflecting our dedication to education, innovation, and workforce development

FINANCIAL STRENGTH, STABILITY & ADVOCACY

Ability KC's financial strength is built on a diversified revenue model. By balancing healthcare reimbursement, government funding, vocational services, education programs, philanthropy, grants, and other earned revenue streams, the organization is positioned to withstand changes in any one market, payer, or economic cycle to fulfill our mission. Ability KC's team is relentlessly focused on outcomes. When funding barriers arise, our team advocates for individuals and families by explaining the value, necessity, and impact of the services. We work proactively with our partners to funding options and encourage conversations in our communities about coverage for rehabilitation and recovery in the event of a complex health need. Ability KC advocates for the right services, at the right time, for the right reasons, rather than simply accepting the status quo.

COMMUNITY PARTNERSHIPS

Our work is strengthened by the partners who stand with us. From our United Way Impact 100 partnership to community organizations, grantmakers, and groups who help us host key events, these collaborations help us expand access, enhance services, and meet the growing needs of the individuals and families we serve. We are deeply grateful for every partner who invests in the impact of Ability KC.

Ability KC currently partners with **more than 300** community partners and providers.



ACCREDITATIONS



COMMUNITY PARTNERS



INVESTING

IN THE FUTURE OF ABILITY KC

Our new campus represents the next chapter for our greater Kansas City community and region. With the support of our early partners in this project and the community, we are building a space designed for expanded services, deeper innovation, and the continuity of care individuals and families deserve. We're excited for what's ahead and encourage you to follow our progress and support our Building Brighter Futures Capital Campaign, to serve thousands more people for years to come.

BE A CHAMPION

DONATE | SPONSOR | VOLUNTEER



GET INVOLVED!

Join us to continue the positive
impact in our community

ABILITY^{KC}
abilitykc.org